



# EFT TRAINER PROGRAM

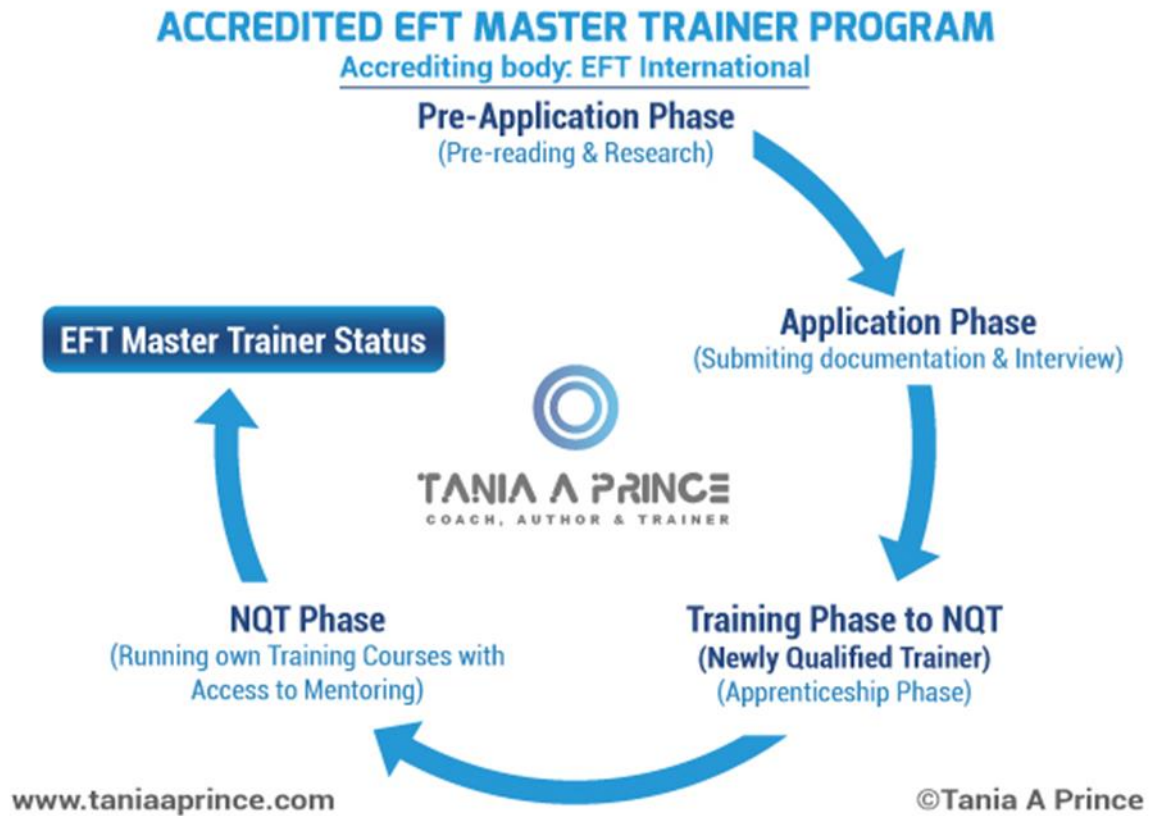
Accredited by EFT International

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# Overview of the Accredited EFT Master Trainer Program

Below is a diagram showing the steps to becoming an EFT International Accredited Certified Master Trainer.



# **Accredited EFT Trainer Program**

## **Program: Training Phase to (NQT) Newly Qualified Trainer**

This program takes candidates through the training phase to gain recognition as a newly qualified Trainer. The program is facilitated by EFT International Accredited Certified Master Trainer of Trainers (MTOT) and EFT Founding Master, Tania A Prince.

This program is an accredited training course leading to the qualification of EFT International Accredited Certified Trainer (NQT). Accrediting body is EFT International. This is entry level trainer. To gain full Master Trainer status, further steps are required.

## **Duration of the Course**

12 - 24 months duration dependent on existing experience

## **Entry Requirements**

- EFT International Accredited EFT Advanced Practitioner Certificate
- Been in practice for at least two years as an Advanced EFT Practitioner
- Have a current membership at an advanced level with EFT International
- Must have an established therapy practice
- Must have done at least 300 client hours whilst qualified at an EFT advanced level

# Overview of Program

EFT International sets some of the most stringent requirements for gaining its trainer certification. Trainers are expected to reach the highest levels in delivering EFT training courses.

To become an EFT International Master Trainer, candidates must undergo several stages.

## **1. Pre-Application Phase**

This stage involves extensive reading to solidify knowledge about EFT, ethics, code of conduct etc.

## **2. Application Phase**

Apply to join the program

## **3. Training Phase to NQT (Newly Qualified Trainer)**

This program is an apprentice model format.

## **4. NQT Phase**

In this apprenticeship phase, NQT trainers begin to run training courses with access to mentoring.

## **5. EFT International Master Trainer Stage**

After the NQT trainer phase is completed, candidates who meet the set requirements are invited to upgrade to full Master Trainer status.

# **Training Course to Gain Newly Qualified Trainer EFT Master Trainer (NQT)**

After being accepted into the Training Phase to NQT (Newly Qualified Trainer)

## **1. Online Training Modules**

*The online modules cover the theory behind running training course, which includes:*

- How to structure training course
- How to structure a training module

## **2. Face to Face or Online Training (Trainers Discretion)**

*This part of the training covers practicing the essential skills of running an EFT course.*

- Setting up an effective demonstration
- Choosing the fitting demonstration subject
- Dealing with a difficult situation
- Dealing with a problematic trainee
- Creating powerful motivation
- Presentation skills such as body language
- Presenter State
- Using silence
- Introduction to storytelling

## **3. Assisting at three EFT training courses run by Tania A Prince**

One of the best ways to learn any skill is by modelling those who already have mastered it. Candidates assist at three training courses, EFT level 1 and 2 (combined). Attending multiple times enables candidates to study the structure and delivery of the training modules. Candidates can also gain information about the timings and delivery of each part of the training. Understanding the structure of training modules is essential information that speeds up mastery when delivering an EFT course.

## **4. Attendance at two online mentoring days (6 hours x 2) run by Tania A Prince**

Attendance at EFT Online Group Mentoring days allows trainer students to partake in the event. It provides valuable training on how to conduct group mentoring sessions. The mentoring days also offer a wealth of information about therapy in action.

## **5. An Hour Mentoring Session with My Course Assessor**

Knowing how to assess student case studies and give effective feedback is essential to being an effective EFT trainer. The assessor of my training courses will guide you through evaluating case studies and giving feedback. She has extensive experience working in this field. I regularly am sent feedback from students praising how she evaluated their case studies. She will guide you through the process she uses in a one-hour session.

## **6. Access to Extensive Training Materials for Guidance Purposes**

EFT International requires candidate trainers to write unique manuals and training materials. Creating original trainer materials facilitates a more in-depth understanding of the topic. Students will have access to my in-depth manuals and PowerPoint slides to use as a resource in developing these materials.

## **7. Deliver a Training Module**

Candidates are required to prepare and deliver an online live training module to my students. By delivering a training module, candidates gain valuable experience. It also enables me to assess the candidate's skills. Candidates maybe asked to do more than one module.

## **8. Pre-Exam Mentoring**

To prepare the student for the trainer exam, candidates have a one-hour mentoring session.

*Once the above has been completed, the candidate will be permitted to undertake the next level, which involves gaining recognition by the accrediting body, EFT International, through their assessment process.*

# Assessment

To complete the course and become an EFT International Accredited Trainer (NQT), you are required to:

1. Complete the ongoing assessments that occurs throughout the training.
2. You will also be required to deliver a one-hour training module (You may need to do more modules) to my student base. Providing this training will allow me to assess your training skills.
3. Complete the EFT International Online Test: The cost of taking the exam, payable to EFT International, is (2022) £160 (Please note prices can change). Candidates get three attempts at passing the exam.

## **EFT International Trainer Certification**

- You will be issued an EFT (NQT) trainer certificate upon passing the EFT International Online Test. NQT is a newly qualified trainer.
- EFT International charges for upgrading your account from EFT level 3 to EFT International Accredited EFT Master Trainer. The upgrade to trainer membership at EFT International is £115.
- The first year after qualification, candidates are regarded as newly qualified trainers, NQT.



# **Training Course to Gain Full EFT Master Trainer Status**

NQT trainers need to upgrade to full trainer status within 24 months of gaining NQT status. To upgrade to full trainer status, the NQT must fulfil the following requirements:

1. Deliver two training courses at levels 1 and 2.
2. Plus, group work, either through running mentoring or a specialty training course.
3. Attend six hours of trainer mentoring (this is additional to practitioner mentoring)

To help with these requirements, NQT trainers can assist with EFT Practitioner and Advanced Practitioner courses.

The NQT trainers are responsible for setting up the EFT level 1 and 2 training courses.

- Any coaching/mentoring during the NQT year will be charged at £110
- Periodically I do set up trainer meetings which, once you are qualified, you are welcome to attend (there is a cost for booking onto these events)
- 12 - 24 months after gaining Trainer NQT status, you need to have completed the above requirements.

## **Upgrade to Full Master Trainer Status**

- You will need your trainer to submit a report supporting your upgrade to a full EFT International Accredited EFT Master Trainer.
- Any coaching/mentoring during the NQT year will be charged at £110
- Periodically I do set up trainer meetings which, once you are qualified, you are welcome to attend (there is a cost for booking onto these events)

To apply for full trainer status, NQT's are required to pay £60 to EFT International (2022 - please check for changes)

## **Master Trainer (Year One)**

In the first year of being a master training, development of EFT Level 3 training materials is encouraged.

- You are welcome to assist on my EFT Level 3 courses.
- Any coaching/mentoring during the year will be charged at £110
- Periodically I do set up trainer meetings which, once you are qualified, you are welcome to attend (there is a cost for booking onto these events)

## **Investment for Training Course to Become a NQT EFT Trainer**

- The investment to you for the training course is £1000. Payment can be undertaken in instalments but must be completed before gaining NQT certification.
- The EFT International exam is independent of this training. It is your responsibility to pass the test. The current price of the EFT International Test (Exam) is £160. (This may change).

## **Disclaimer**

Tania A Prince is an EFT International recognized Accredited Master Trainer of Trainers. She is not employed by EFT International and not responsible for their actions.