



EFT International Post-Training Accreditation Requirements

For Accredited Certified EFT Practitioner Status

Information current as of 24 June 2025. Please note that fees and requirements may change. From September 2025, EFT International membership fees will increase. Always refer to the official EFT International website for the most up-to-date information.

1. EFTi Student Membership

- You must be a current EFT International Student Member to begin the accreditation process.
- Fee: £25 per year.

2. Post-Course Mentoring

- Complete a minimum of 6 hours of mentoring with an EFTi-accredited Mentor.
- Mentoring supports the development of confidence, competence, ethical awareness, and professional standards.
- Group Mentoring Fee (with Tania A. Prince): £100 for a 6-hour group mentoring day.

3. Practice Sessions

- Complete at least 50 EFT practice sessions, each lasting a minimum of 45 minutes.
- Work with a minimum of 20 different volunteer clients.
- Sessions can be in-person or online and should demonstrate a variety of EFT approaches and techniques.
- Keep a practice log to track hours, client types, techniques used, and outcomes.

4. Case Study Requirements (Total: 4)

- You must submit four case studies, as follows:
 - Three Written Client Case Studies:
 - Based on sessions with three different volunteer clients.
 - Each case should include 2-3 sessions and demonstrate effective use of EFT techniques, client engagement, and ethical awareness.
 - Assessment Fee: £25 per written case study (Total: £75).

- One Recorded Client Session (Video or Audio):
- - Conducted with a volunteer client.
- - Include a written self-assessment reviewing your technique, process, and reflections.
- - Assessment Fee: £30.

5. Practitioner Exam

- Pass the EFTi Practitioner Online Multiple Choice Exam.
- The exam is open book and based on the EFT International Training Syllabus and Practitioner Competencies.
- Passing score: 80%
- Fee: £15 (includes up to 3 attempts).

6. Mentor Recommendation

- Your Mentor will submit a formal recommendation to EFT International confirming your readiness to practice professionally.

7. Upgrade to Accredited Certified EFT Practitioner

- Once all requirements are met, apply to upgrade your EFTi membership.
- Practitioner Membership Fee: £45 per year.
- If upgrading from Student Membership (£25), you pay only the difference: £20.

Estimated Total Cost (Year 1)

- EFTi Student Membership (from September 2025): £35
- Practitioner Exam: £15
- Three Written Case Study Assessments: £75 (£25 x 3)
- One Recorded Case Study Assessment: £30
- Group Mentoring Day (6 hours, with Tania): £100
- Upgrade to Practitioner Membership (from September 2025): £60
- Total Estimated Cost (Year 1 from Sept 2025): £315

